## CASTLEBAR PARISH NEWSLETTER

Website: www.castlebarparish.ie

email: castlebarparish@gmail.com

**Sunday Mass Times** 

<u>Parish Church</u>: 7pm (Sat), 8.30am, 10.30am, 12.30pm <u>Ballyheane Church</u>: 8.00pm (Sat.) <u>Breaffy Church</u>: 10am, 11.30am **PRIEST ON CALL: Tel. 094 9021844** 

Mass Intentions for the Week
PARISH CHURCH
view online at churchtv.ie/castlebar Parish Radio 105.3fm
Monday 30 <sup>th</sup> August:
10.00am - Michael & Mary Ellen Curtin & daughter Assumpta Concannon, Co. Clare.
7.00pm - James & Mary Agnes Kelly, James & Kathleen Deasy & dec. families, Ross.
Tuesday 31 <sup>st</sup> August:
8.00am - Special Intention.
10.00am - Joe O' Farrell, Breaffy & daughter Rita Fingleton. John & Margaret Loftus & John Jnr. Lakelands, Manulla & Frances Mears.
Wednesday 1 <sup>st</sup> September:
8.00am - Special Intention.
10.00am - Clara Lally nee McNicholas, New Jersey & Ballyheane.
Joseph Munnelly, Crossmolina.
Thursday 2 <sup>nd</sup> September:
8.00am - Private Intention.
10.00am - Michael Cleary, McHale Road. (M.M.)
Maura Fallon, Kilrooskey, Co. Roscommon.
Margaret & Martin Clarke, Ballinvoash, Breaffy.
8.00am - John & Annie Conway, Westport Road.
10.00am - James & Bridget McNicholas, Ballynew, James & Thomas McNicholas, John & Annie
Hyland, Bohola & dec. McNicholas & Hyland families.
Tommy Quigley & dec. family.
Saturday 4 <sup>th</sup> September:
10.00am - Martin, Bridget & Michael Neary, Pontoon Road.
Tommy Heffron, Mountgordon.
Ger Munnelly, Newport Road & dec. Munnelly & Kavanagh families. Special Intention.
7.00pm - Sara Ward, Chestnut Grove. (1 <sup>st</sup> Anv.)
BALLYHEANE CHURCH
view online at churchtv.ie/ballyheane
Saturday 4 <sup>th</sup> September: 3.00pm - Norah Mandel, Castlebar.
8.00pm - Private Intention.
BREAFFY CHURCH
view online at churchtv.ie/breaffy
Sunday 5 <sup>th</sup> September: 10.00am - Gerry Sweeney, Rocklands. 11.30am - Jimmy McEvilly, Kilkenny Road, Breaffy.



Rest in Peace

Maureen Caulfield, Dublin & formerly of Carracastle, sister of Dr. Michael Caulfield, Station Road.

Pat Dempsey, Boradruma.

Mick O'Malley, Ballynew.

## What's on the inside

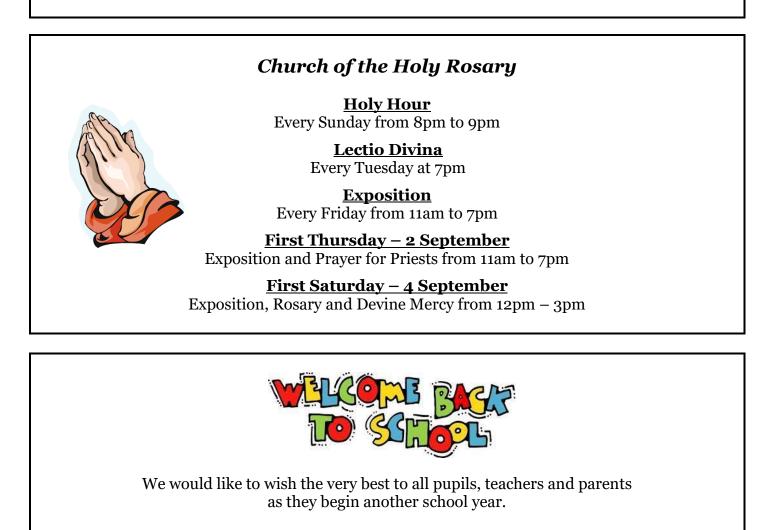
'It's what's on the inside that counts.' How often do we hear this? Yet we get contradictory messages and we are also bombarded with messages about how we should dress or act, or what is appropriate behaviour. Rules about outward behaviour govern many aspects of life, from our school and work environments to our churches.

Today, Jesus has something to say about the tension between outward appearances and what's on the inside. To the religious authorities who challenge Jesus, outer appearances and traditions are important, and they rebuke Jesus for allowing his disciples to eat with 'unclean hands'. However, Jesus explains that it is not external actions that make a person unclean. It is what's on the inside that indicates the true nature of our hearts. 'Lip-service' is not worth much if our hearts are not in tune with God. As Jesus puts it, 'You put aside the commandment of God to cling to human traditions.'

It is an invitation to examine how we put our faith into practice, individually and as a church community. Which human traditions do we 'cling' to? Do we become so focused on outward rituals that we risk losing sight of the teaching of Jesus and its radical implications? Do we treat our religious life as a checklist of observances, or as a real encounter with Jesus?

'The words of the Sacred Scripture were not written to remain imprisoned on papyrus, parchment or paper, but to be received by a person who prays, making them blossom in his or her heart.' (Pope Francis)

Tríona Doherty, Intercom.



**The Irish Cancer Society Shop**, Ellison Street would greatly appreciate donations of clothes, shoes etc.